

East-West Global Travel

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Itinerary Outline for YOUR TEAM

*Friendly Games, Training and Sightseeing, Lisbon and the Algarve, Portugal. March 1-March 9, 2017**

*(*Note: This tour can be done at any time during the winter or spring, but is designed to coincide with the Algarve Cup tournament for women which takes place in 2017 from March 1-8)*

- March 1: Players and staff gather at your US gateway city airport for an overnight journey to Lisbon, Portugal. Arrival will be in the morning of the next day.
- March 2: Arrival in Lisbon. After clearing Portuguese Customs and Immigration, the group will be met by a local representative and a privately chartered motor coach and driver. Your guide and private bus will be on hand throughout the tour to ensure that all aspects of the trip run smoothly.

Your destination is the Soccer Academy on the grounds of the professional club, Sporting Lisbon. The Academy is widely regarded as one of Europe's most impressive, and is certainly the premier site for training in all of Portugal. As it is run under the auspices of the professional team, everything on site is first class. You will stay in the residence halls on the campus, with three meals each day provided for all group members.

After checking in and unpacking, there will be time for a light training session in the afternoon. The remainder of the afternoon and evening will be free.

- March 3: After breakfast the group will have a half day sightseeing tour of Lisbon, Portugal's largest city and also its capital. Lisbon is one of Europe's most interesting and vibrant cities, with lots to see and do. In addition to the formal sightseeing excursion, your group will have time to do some informal sightseeing and exploring as well.

In the late afternoon, the group will head back to the Academy, where your team will play a friendly match against a local Portuguese team.

The remainder of the evening will be free.

- March 4: After breakfast, your group will transfer south to the Algarve region of Portugal. The Algarve is located at the southern most end of the country, and is known for its mild climate and beautiful scenery. Your destination will be the city of Albufeira, a small city noted for its beaches. Here the group will be staying at the

Hotel Montechoro, a pleasant tourist class property. Group members will be accommodated in double rooms here, with single rooms available as required. Two meals each day will also be provided for all travelers.

Upon arrival and check in at the hotel, the late afternoon and evening will be free to walk around and enjoy the surroundings.

March 5: During your time here, the Algarve Cup will be taking place. This tournament is widely regarded as being the most important for women's soccer outside of the World Cup. National teams from around the world, including the United States, Germany, China, Norway and Sweden will all be here, competing for this prestigious crown. Your group will have the opportunity to attend several matches of the tournament while here, depending on the schedule.

This morning your team will have the chance to train on one of the many world class soccer fields in the area.

In the afternoon, if there is no match scheduled for the Algarve Cup, you will have a sightseeing excursion in the area.

March 6: The morning will be free for relaxing, visiting the beach and exploring the area on your own.

In the afternoon you will take an excursion to Andalusia, Spain, a short drive from the Algarve region of Portugal. This area of Spain is known for its interesting people and spectacular scenery.

In the late afternoon, your team will play a friendly match against a local team from Andalusia.

March 7: After breakfast at the hotel, the group will travel to the nearby city of Faro, the area's largest city and the administrative center of the Algarve district. Faro has a history that dates back thousands of years, remnants of which can still be seen today. You will enjoy the chance to explore this city and see the sights here.

In the afternoon the group will transfer back to Albufeira where you will have the option to have a training session at a local club.

March 8: Your last day in the Algarve will be reserved for attendance at another of the games of the Algarve Cup tournament. Depending on the schedule, you may travel to one of the many different cities of the region to witness the match. Depending on the game time and location, the rest of the day will be planned with the help of your local representative who can advise you of the many options available here.

March 9: After an early check out of the hotel, your bus will transfer the group to the airport in Lisbon, where you will catch an international flight back to the USA.